



Clearwater Sanctuary

Community Earth Offerings

Please Pre-Register

Monday

10:00am-4:00pm

Wildlife Internships

12:00pm-1:00pm

Yoga for Energy and Balance

1:15pm-2:30pm

Dharma Meditation Group: Developing Compassionate Intention

Tuesdays

10:00am-4:00pm

Wildlife Internships

4:00pm-8:00pm

Private Yoga Classes on the Hour

Wednesdays

10:00am-4:00pm

Wildlife Internships

12:00pm-1:00pm

Gentle Yoga

1:15pm-2:15pm

Christian Lectio Divina and Contemplative Prayer

6:00pm-7:00pm

T'ai Chi and QiGong

Thursdays

10:00am-4:00pm

Wildlife Internships

4:00pm- 8:00pm

Private Yoga Classes on the Hour

Fridays

10:00am-4:00pm

Wildlife Internships

12:00pm-1:30pm

Gardening Group

3:30pm-4:15pm

Vajrasattva Meditation

4:30pm-5:45pm

Dharma Group: Mindfulness Training

Saturday Workshops, Groups, Classes

12:00pm-1:15pm

Yoga for Ease & Flow

1:30pm- 2:30pm

Mindfulness Meditation: Instruction & Practice

11:00am- 12:00pm

Gurdjieff Group: 1st Saturday of month

2:00pm- 3:30pm

Commitment to Compassion: 1st Saturday of month

2:00pm- 4:30pm

Meditation & Sacred Arts: 2nd Saturday of month

12:00pm-5:00pm

Yoga and Meditation Mini Retreat: 4th Saturday of month

All Group Classes Free to Clearwater Sanctuary Community Members

\$60 per month for Non-Member

Private Classes \$60.00 per hour

Abita Springs

Register or become a member Info

Covington

www.Clearwatersanctuary.org (985)630-1009 info@clearwatersanctuary.org

Community Earth is a service of Clearwater Sanctuary, a 501(c)3 nonprofit organization established in 1989, serving our planet and the diversity of life it supports through environmental and humanitarian education and action.